



aaiuem

Associação Académica
Instituto Universitário Egas Moniz

Student Guide



Welcome to IUEM!

Your Students Association has developed this guide to make your university years easier. Here you can find the answer to almost all your questions...

The best years of your life start now, make the most of them!

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AAIUEM - Associação Académica do Instituto Universitário Egas Moniz (Egas Moniz University Institute's Academic Association) - was founded in 1991, with the basic principle of representing and giving voice to all students of Instituto Universitário Egas Moniz, including courses such as Nutrition Sciences, Pharmaceutical Sciences, Forensic and Criminal Sciences, Psychology, Dentistry, and Veterinary Medicine.

The association is managed by a board of 11, consisting of a president, two vice-presidents, a treasurer, a secretary, the heads of the five departments (Social, Pedagogical, Sports, Technological and Recreational) and a neutral element.

Each department is responsible for different areas:

The Social is responsible for everything involving the AAIUEM store (selling and renting academic material), as well as developing new partnerships (thus providing better discounts to members) and promoting social action and volunteer campaigns;

The Pedagogical department has as its main goal the actual pedagogical monitoring of students, reviewing and compiling IUEM's regulations, conducting lectures and other training/educational sessions and cooperating with the Board of Directors of the Egas Moniz Cooperative and with AEESSSEM in organizing Futurália, "Open Day" and Summer School.

The Sports Department is responsible for providing support to all students who wish to represent the AAIUEM in both individual and team sports.

Technological is responsible for representing AAIUEM in social networks, updating the website and creating posters for other events.

The Recreativo is responsible for organizing the Welcome Week, Academic Week and other events, as well as providing support to the cores and other entities.

The AAIUEM also includes the student groups, Nutrition Sciences Group, Pharmaceutical Sciences Group, Forensic and Criminal Sciences Group, Psychology Group, and Dental Medicine Group. These centers are made up of students from the course they represent.

The AAIUEM store is located next to the bar and is open to the public every weekday from 9am to 5pm. Anything you need, do not hesitate to contact us!

We are waiting for you!



geral@aa-iuem.org



AA IUEM



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Message from your nucleus

The background features a stylized graphic composed of thick, rounded lines. A light blue line starts from the right side, loops upwards and to the left, then continues downwards and to the left, ending near the bottom center. A yellow line starts from the bottom left, forms a grid-like structure with two vertical columns and two horizontal rows, then curves upwards and to the right, ending near the center. The overall style is minimalist and modern.



Nutrition Sciences Nucleus

The LCN is 4 years, and in each semester you will have an average of 6 CU. A priori we can tell you that you will go through all areas of nutrition, from Clinical Nutrition, Community Nutrition, Sports Nutrition, Catering and Food Industry.

You are in the 1st/2nd year?! Then don't despair now! Here you will acquire fundamental bases to put into practice in the following years! Nothing will be in vain, believe me!

You are in the 3rd year? So if you've made it this far, nothing can stop you! Here you will have the course "Fieldwork" where you will visit several places where the nutritionist works (hospital, health center, clinics, INSA, restaurants, among many others). You will also have classes at the nutrition office in the Pathology and Diet Therapy course!

Now is the time to start thinking about your internship! What area do you identify with the most, and where do you want to do your internship.

The college has agreements with several places in different areas. However, you can take the initiative yourself, if you wish, to go to a place and create that protocol. There is also the possibility of going abroad for your internship! You already know, you can't have any doubts, so talk to your course coordinator - Professor Paula Pereira (pereira.paula1@gmail.com).

You have finally reached the 4th year! So congratulations, you are a finalist! In the first semester you will be able to put into practice what you have learned in the previous years, either in "Community Nutrition", in "Introduction to Research Methods" or in the other CUs. Now is the time for you to pick yourself up and go out and solve real problems in our community. If at this point

of the championship you still have doubts about the curricular internship, you know who to talk to!

In the 2nd semester you have the long awaited and "dreaded" CURRICULAR INTERNSHIP! There is nothing "dreaded" about it, because you will study and give your best in the area you love so much! So **ROLL UP YOUR SLEEVES AND GET TO WORK!**

Important places you need to know about!

Nutrition Office: You don't know where it is! We will help you! When you enter the north gate of the college (main) you go to the left side, enter the door at the bottom and go down the stairs, it is the first door on the right!

Did you know that you will be taking classes in the doctor's office!

This is also where we give nutrition consultations to the community! If you are interested you can talk to the course coordinator to attend!

Nutrition Kitchen: Have you had a chance to get to know it yet? Then get ready because you will be taking classes in this space.

How do I get there? Very easy...it's in the building on the right side of the soccer field.

Have you heard of GENA?

It's the Applied Nutrition Study Group.

It is a growing project, led by the course coordinator Professor Paula Pereira, joined by Professor Renata Ramalho and Professor Filipa Vicente, both nutritionists and teachers at Egas Moniz.

It is a project that arises as a response to the "need to centralize nutrition professionals from IUEM in the various areas of Food and Nutrition Sciences", with students and the surrounding community.

Every year GENA develops several activities (lectures/workshops) for the whole interested community. One of the projects that currently the LCN students have continued is the Nutri Horta (developed by GENA).

Haven't you heard of NUTRI HORTA?

The Nutri Horta is a social responsibility project of LCN, which aims to develop our spirit of helping each other as people and as Nutrition students.

It is an extracurricular activity where we learn some techniques of organic and seasonal agriculture, promoting environmental sustainability.

Where does the food that is harvested go?

They are delivered to social solidarity institutions in the areas surrounding Egas Moniz, currently, the Padre Roberto Sequeira Elderly Care Home, in Charneca da Caparica.

They may also be used for research work, as has happened before.

Can I volunteer for this cause?

Of course! Everyone is welcome!

And how do I do it? Send e-mail!

Business hours: Monday at 16h00 and Thursday at 17h00.

Nutrition Science Student Nucleus- AAIUEM

The Núcleo de Estudantes de Ciências da Nutrição da Associação Académica do Instituto Universitário Egas Moniz (NECN - AAIUEM) represents all the students of LCN of IUEM.

It aims to achieve and honor its mission of "Represent, defend and promote" the students of the LCN, as well as the course we so proudly represent.

Join us! All you have to do is contact us through one of these below:



necn@aa-iuem.org



[necn.iuem](https://www.facebook.com/necn.iuem)



[necn.aaiuem](https://www.instagram.com/necn.aaiuem)



[necn-aaieuem](https://www.linkedin.com/company/necn-aaieuem)



Pharmaceutical Sciences Nucleus

Are you a newcomer to MICF at Egas Moniz?

We are going to give you some information that we think is important for you to get to the end of the course with all your neurons intact.

You have arrived and you don't know what ECTS are and how our course is organized?

The MICF is a 5 year course, since it has an integrated master's degree, and you have an average of 6 course units per semester, which makes an average of 30 ECTS.

What are ECTS? They are the credits you must have to finish the course, you can check all these details at SecOnline, you can find out how many ECTS each course has and you will know which ones can influence your average more.

In the first 2 years of the MICF the CU's are more general for health courses, but don't be discouraged, you must have these bases in order to evolve and become the pharmacist that you so much desire.

From year to year you will see that it gets harder and harder, it's normal, you will want to take a break and possibly you won't have the opportunity. Want to know a trick?

Learn to reconcile EVERYTHING, personal life, study life and academic life (parties and social gatherings). At Egas we have several social gatherings and you will see that this is essential to keep you sane throughout the course, you don't have to give anything up to be an exemplary student.

Do you have a headache from so much studying and so many complicated names? All this knowledge will be rewarded in the future as a pharmacist.

Are you already in your third year and still not sure which area you want to pursue? Don't worry, you still have a long way to go. But would you like to do an internship to discover new areas, or to increase your knowledge? You have two options:

1- You can apply for the extracurricular internships provided by IUEM for certain areas of the MICF.

2- You can apply to the NECF-AAIUEM internships, to do a summer internship in any area of MICF, you just have to pay attention to the year you are attending and the conditions presented.

Well, you are a finalist... it is time to write your dissertation. Do you have a topic? Do you have a supervisor?

Then all you need to do is to go to Ms. Joana Santos, from the master's office, and start dealing with the necessary bureaucracy.

What do you mean you don't know where Ms. Joana Santos is?

At the end of the corridor of the C rooms (computer rooms) there are some stairs, go up to the next floor and then follow the corridor until you find a glass door with the sign "Gabinete de Mestrados e Pós-Graduações" and there they will explain you all the necessary paperwork to take the first steps to write your dissertation. In the last case you can also ask your supervisor for help.

As a finalist you will also be doing an internship! Two internships that take up the 2nd semester of the 5th year, in community pharmacy and in hospital pharmacy! Here at the university you can do both internships, because we have lots of protocols with hospitals and pharmacies.

But calm down, don't you know what NECF-AAIUEM is?

NECF-AAIUEM is the student group of pharmaceutical sciences of the academic association of Egas Moniz University Institute. They organize several activities for us, from parties and course dinners, to workshops and lectures.

NECF-AAIUEM has a panoply of departments that specifically target different activities...

Are you ready for what's coming?

Don't forget, you have all the information you need here to start on the right foot, but what you don't know you can ask.

We wish you a good adventure!



necf@aa-iuem.org



necfaaiuem



necf.aaiuem



Forensic and Criminal Sciences

nucleus

Welcome to this academy and to the CFC Course, as we affectionately call it! This is the beginning of a new phase in your life and you must have countless doubts about this interesting course, but don't worry because this is the right place to clear up all those insecurities!

Are you interested in the search for truth and the connection of science with criminal investigation? Have you ever found yourself curious about the processes of solving crimes when you watch series like CSI? If so you are well on your way to understanding how these techniques work and becoming a true forensic expert.

The Degree in Forensic and Criminal Sciences is a 3-year course that offers students a rich training that seeks to develop skills in various scientific areas of intervention in the forensic area, such as the mastery of Forensic Chemistry and Toxicology, Biology and Forensics, Statistics, branches of Law, Anthropology, among many other forensic techniques that are important bases for the specific and adequate knowledge for the preservation of evidence, investigation in the crime scene and consequent mastery of the same for the presentation of evidence in court. In this way, the knowledge acquired becomes more specific and in-depth as the course progresses, since the skills acquired previously are essential for a clear understanding of the following subjects.

The degree also has a strong practical and laboratory component that prepares students for the job market. We have at our disposal a well-equipped CFC laboratory for the study of Lofoscopy and Documentscopy among other areas, and our own Crime House where some classes are taught, allowing us

to simulate the reality of a crime and its analysis, preparing us for situations of real tension, with which we will work in the future! Classes where you can have the opportunity to simulate the body of a dead person so that we can study it. Are you interested?

Basically, our goals revolve around understanding the fundamental concepts and principles of Forensic and Criminal Sciences, delving into the areas of intervention of forensic experts, knowing the current developments in the field, providing the student with the ability to use the methodologies of forensic, criminal and investigative studies, as well as developing critical and autonomous thinking to perform their function in the best way, excelling in problem solving and in the collection and preservation of traces found at crime scenes, factors of extreme importance for forensic investigation and analysis.

Our existence, Forensic and Criminal Scientists, thus creates every day more professionals with clear objectives and emphatic preparation in the Forensic area, because we have built in this course ample skills and solid capacities that enable the evolution and dynamization of this area, which has been growing more and more in our country.

The mandatory internship that we carry out in the last year of the course is a pivotal moment on the path to our success since our dear Institution Egas Moniz has links with several institutions so that we can understand in practice the work of the Forensic and Criminal Scientist. Have you ever imagined yourself in the Judiciary Police or in the GNR? Yes, this faculty enables us to do internships in these two institutions, and many more.

In addition to the two professional outlets that we mentioned this course has **MANY** others, and our graduates can act actively in criminal investigation teams and forensics, the Security Forces, the Courts of Justice, the Ministry of

Defense, the SEF (Service of Foreigners and Borders), in Law Offices, in Private Security Companies, in Prison Establishments, in the National Institute of Legal Medicine and Forensic Sciences, to be an Expert in the analysis of Documents in Banking Institutions, Insurance Companies and others, in Victim Support Institutions, among countless other professional outlets that we have to choose from.

Are you still in doubt? There is a Forensic Criminal Sciences Nucleus, which is one of the oldest in the institution and is available to help you 24/7, trained to clarify any doubts you may have. It is also NECFC's responsibility to organize all the fun and educational activities related to our CFC course, from the always awaited Course Dinner to parties and lectures with professionals in the field. **You can contact your club through the following ways:**



necfc@aa-iuem.org



necfc.aaiuem

You also have at your disposal the Institute's Academic Association, which represents the students of the Forensic and Criminal Sciences degree and is open from Monday to Friday from 9am to 5pm.

Vão ser anos inesquecíveis nesta academia. Aproveita ao máximo!



Dental Medicine Nucleus

The Integrated Master of Dental Medicine (MIMD) course consists of five years, but don't expect the same from all of them... In the first two years we study the basic sciences of medicine, in the third we prepare for the clinic, and finally in the fourth and fifth we get into action.

Don't be scared off by all the theory of the first two years, because by the third year you realize that you're really in dental school! Grab all that theory, because you will need it...

Since the first year, there is one delegate per class and one delegate per year, who interface between the students and the teachers, in addition to the year group on Facebook. In this group, we share notes with our classmates, doubts, and it ends up being our main means of communication. This course is not done alone, and all along the way you will overcome your difficulties with the help of your classmates, teachers and staff.

It is not by chance that the Egas Moniz University Institute is a national and international reference in Dentistry. Besides the excellent teaching, both the pre-clinical and the clinical practice have a large number of hours, which allows us a prolonged contact with the clinical environment and an advantage when entering the labor market.

What do we do in the AAIUEM's Dental Students Association?

The NEMD-AAIUEM, composed of dental students from all the years of the course, represents all the dental students of IUEM.

We organize lectures, workshops, course dinners, n'UQuiosk parties, we are responsible for the design and sale of the famous sweats/coats of the course; and we also participate in the organization of initiatives such as the Hospital da Bonecada, Hospital dos Pequenos, oral health promotion actions and screenings - public health actions and volunteering.

How to become a member of NEMD-AAIUEM?

If you're looking for something more than classes and to make your mark during your academic life, talk to us to find out when we meet. Come and join us!

We are physically present in the Nuclei (during the office hours posted on the door).



nemd@ae-iscsem.org



nemdegasmoniz



nemd.aaiuem

More than a Nucleus, a course...

You yourself will feel what is #DNAEgasMoniz!



Psychology nucleus

The degree course in Psychology at IUEM ensures a good training of professionals, developing projects and activities with the community (schools, courts, police, committees for the protection of children and young people, town halls, victim support associations, among others) that allow students to have contact with various realities of application of the psychologist's work. The degree consists of 3 years of education, however, in order to practice you will have to complete a master's degree in an area of Psychology.

Our institute gives you the opportunity to do a master's in Forensic and Criminal Psychology, which prepares students to obtain the professional skills needed to work with the Justice System, to prevent and support victims, and to reintegrate socially excluded groups. In this training, students will have contact with forensic psychological evaluation instruments and with several reference internship sites that will allow a practical knowledge.

In each year, there is a delegate and sub-delegate responsible for establishing the bridge between students, teachers and the institute. These positions are assigned at the beginning of the 1st year of teaching, and are only changed if necessary. As a rule, a delegate elected in the 1st year will hold this position until the end of the 3rd year. One of the most important tasks that these students perform is the construction of the exam and frequency map or the resolution of any problems in class.

It is during the 2nd year of the degree that the students will have the opportunity to do two clinical practices, that is, the practical classes will take place at the Monte da Caparica's Popular Day Care Center and the Psychiatric Hospital of Lisbon (formerly Julio de Matos). At the daycare center, you will be able to evaluate the development of children from 6 months to 5 years old, observing them during music lessons, feeding, play, naps, and saying goodbye to their parents. You will also have psychological assessment material available to make the appropriate evaluation. On the other hand, at the psychiatric hospital, you will have direct contact with young inmates who present psychological changes, many of them diagnosed with mental disorders. During two semesters, you will have the opportunity to attend and interview these individuals, learning how to take a clinical history.

There are also several academic projects in which you can participate, namely the Psychology Students' Group (NEP).

What does NEP do?

Here you can participate in the organization of lectures, debates, workshops, parties, among others. You will establish contact with professionals from the various branches of psychology, as well as from areas associated with it.

How do I become a member of NEP?

Just get in touch with us by e-mail indicating that you want to be part of our team. The e-mail should contain your full name, AA-IUEM member number (you must be a member), e-mail and cell phone number. After receiving it, we will contact you as soon as possible.

How does NEP work?

NEP has organized its activities in 3 fundamental departments: pedagogical department; social department; technological department. Dates will be stipulated in which each department has to present all the work that it will develop related to an activity, so that if unforeseen issues arise they are easy to solve. Fortnightly mandatory meetings will also be held, and it will be necessary to justify in advance the absence of attendance.

Do not hesitate to contact us through our social networks or e-mail:



geral@aa-iuem.org



[nucleo.psicologia.35](https://www.facebook.com/nucleo.psicologia.35)



[nepsicologia.aaiuem](https://www.instagram.com/nepsicologia.aaiuem)



Horários e Serviços

Secretaria	9h – 11h30 e 14h – 16h30
	Seg a Sex
	212 946 751/52
Tesouraria	9h – 11h30 e 14h – 16h30
	Seg a Sex
	212 946 754
Bar	7h – 20h
	Seg a Sex
Refeitório	12h – 21h
	Seg a Sex
Biblioteca	8h – 20h
	Seg a Sex
Reprographics	9h – 17h
	Monday to Friday
Rectory	8h – 17h

Monday to Friday

Management-EM

8h – 17h

Monday to Friday

Regulations and pedagogical information

School Calendar

The school calendar for the following year is defined and published on SecOnline during the month of June.

Classes and Schedules

Classes and class schedules are posted at the college and later on SecOnline the week before the semester starts.

You will receive an e-mail from the college to the e-mail address you provided, with the dates and times for class enrolment as well as a document explaining how to do it step by step.

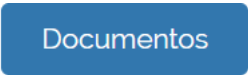
Usually the choice is made online at different dates and times for each year of each course. However, not every year is the same, so you will always receive in your email how the class allocation will take place

Keep in mind... The allocation of classes is done by the academic services randomly at the weekend before the start of classes. However, if you are a Special Regime student, on Monday you can present proof to the academic services to be able to change to the class you want.

Statutes

The following are considered to be students under special regime: Associative leaders; Student-workers; Athletes of high competition; Athletes for the Academic Association (AA); Tuners and choirboys of the Egas Moniz Academic Choir (CAEM); Monitors; Students on maternity or parental leave; Military students; Members of student groups; Students doing institutional volunteering; Outgoing students; Others defined by law or those to whom, for their exceptional contribution to IUEM, the Rector decides to grant this status.

At SecOnline, by following the procedure below you can find a document describing the rights and duties of each of these special regimes, as well as the deadlines and documents required to obtain them:

1. Access Egas Moniz website: <https://www.egasmoniz.com.pt/>
2. In the menu, look for the box that says « **Ensino** »
3. Choose the option IUEM
4. Select the box that says: 
5. Select the document that says: [Regulamento de Estudantes em Regime Especial](#)

Classes and Absences

There are several types of classes: Theoretical (T), Theoretical-Practical (TP), Laboratory Practices (PL), Clinical Practices (CP) or Fieldwork (TC), Tutorials (OT), Seminars (S) and Internships (E).

T classes - are taught by the UC regent and are considered contact hours, although they do not have an associated regime of absences.

TP/PL classes - are taught by the regent and/or other UC professor and are subject to an absence regime:

It is required, as a requirement for validation of continuous assessment, the attendance to a minimum of 75% of the summed contact hours. So, you should always check how many classes you will have during the 13 calendar weeks and calculate how many correspond to the 25% of absences you can give.

Entering the class after 15 minutes of the starting time is considered absent, so watch out for delays.

Keep in mind... although you have a certain number of absences to give, attendance is often taken into consideration so only miss if necessary!

Absences are justified if they are well-founded and meet the conditions considered in the Pedagogical Regulations, and / or in case of prophylactic isolation certified and issued by a competent Health Authority. In these

situations, you should send an e-mail, which will be confidential, within a maximum of 5 working days, with the respective justification, to the secretariat (secretaria@egasmoniz.edu.pt). In order not to miss any assessment, you should communicate with your teacher to find an alternative solution to replace the assessment, which will have the same degree of difficulty.

PC/TC/OT/S/E classes - these are subject to a specific absence regime so you should consult the PUC to be aware of it.

Assessment and Examinations

For each CU there is a "Program of the Curricular Unit" (PUC) containing the syllabus and the assessment methodology (number, nature of the assessment elements and respective weighting). This is presented in the 1st class of the semester and can be consulted in the Library and/or in the UC Moodle page!

Each CU has its own assessment method, so you should consult all the PUC at the beginning of the year.

There are CUs that have only theoretical component (T). The evaluation method includes two (2) mid-term tests and / or oral tests in the period defined in the calendar in force. Alternatively, between four (4) and six (6) moments of continuous assessment may be implemented, in the form of mini-tests in which only the subjects that were not covered in the previous test(s) should be assessed.

In the CU that have only practical component (type of classes TP, PL, PC, TC, S, E, OT and O) are performed practical tests and/or mini-tests and/or written assignments and/or reports and/or oral tests and/or equivalent, in a minimum of two (2) and a maximum of four (4) moments of continuous assessment, with the exception of pre-clinical/clinical classes. This assessment is summative.

In the CU with a theoretical and practical component, there is a combination of theoretical and practical moments of assessment as explained in the previous points, and no element of assessment can, individually, have a weighting greater than 60%.

Attention: If you are one of the students with Special Regime status and you do not intend to be assessed by continuous assessment, you should agree a different method of assessment with your teacher within 15 days after the beginning of the semester. If you let this deadline pass you will have to follow the continuous assessment method and you risk missing assessment moments if you can't go. If you miss them, you will get zero (0) in these assessment elements.

There are also limiting practical components with a minimum weighting of 60%. If you have a classification < 9.5 points you will have limited access to the periods of Appeal, Special and Students under Special Regime,

The theoretical component can be recovered in the **Period of Appeal (recurso)**, which is held after the end of classes. As the name suggests, it should serve as a last resort, so it is important to achieve approval during the Regular Season, i.e. during the academic period by the continuous assessment methodology.

- If you fail the Regular Season, as well as if you want to make a grade improvement, you **can** go to the Appeal Season.
- If you fail the practical component or if you have < 9.5 in the limitative practical component, **you cannot** go to the Appeal Period.

The dates of the assessments are defined by the Pedagogical Committee of each course in articulation with the teachers of each CU, and published as soon as possible on SecOnline, so that you do not have tests on the same day and time.

There are also three special seasons:

One at the beginning of each semester (Season for Special Regime Students) and one after the end of the academic year (Special Season). The periods at the beginning of each semester are for students with Special Regime status and the Special Period is for final-year students, who have a maximum of two UCs in arrears to finish the course.

FAILED AND NOW WHAT?!

You failed the practice and it was limiting?!

- You will have to repeat the whole Course Unit the following year.

You failed the regular evaluation period?!

- You have 5 days after the grades are announced to ask the UC regent to check your exams. If you think that the test is not corrected properly you have 48 hours after these 5 days to ask for proofreading at the Academic Services (secretaria).
- You have the opportunity to access the Period of Appeal (Época de recurso), depending on the limitations, but you have to register and pay up to

two days before so that your name appears on the attendance and evaluation lists.

You failed the exam in the appeals period (Época de recurso)?!

- You have 5 days after the grades are released to ask the regent to check your exam, if you think it is not corrected you have 48 hours after these 5 days to ask for a revision at the Academic Services (Registrar).

- If you are a Special Regime Student you can register for the corresponding exam period and repeat the exam at the beginning of the following semester.

- If not, you will have to take the UC the following year. However, you may have to take only the exam or the exam and the TP/PL/PC evaluation.

You failed the exam in the Appeal Season and this CU is limitative to others?!

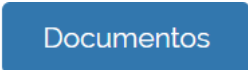
- You have 5 days after the grades are released to ask the regent to check your exam, if you think that it is not corrected well you have 48 hours after these 5 days to ask for revision at the Academic Services (Secretary).

- If you are a Special Regime Student you can register for the corresponding exam period and repeat the exam at the beginning of the following semester

- If you are not, you can make a request to the Rector of IUEM explaining the situation and ask for the possibility of taking the exam in a special season

Anyway, all the information about the evaluation is present in the PUC and in the Pedagogical Regulation of IUEM.

Where can I find the Pedagogical Regulation of IUEM?

6. Go to the Egas Moniz website: <https://www.egasmoniz.com.pt/>
7. In the menu look for the box that says « **Ensino** »
8. Choose the IUEM option
9. Select  Documentos
10. Selecciona o documento que diz [Regulamento Pedagógico IUEM](#)

Precedence Regime

Besides the assessment system there is also a precedence regime that may prevent you from attending certain CU, i.e. to enroll and attend certain CU you must necessarily have some previous ones approved.

This system is posted on the bulletin board at the beginning of each academic year and currently only exists for the Dentistry and Veterinary Medicine courses.

In the remaining courses there are special arrangements to be able to attend internships and they are expressed in the PUC of the internship CU.

Study Materials

You got to college and now you don't know where or how to study?!

As we told you before, each UC in the PUC and there is the recommended bibliography, that is, books and articles that the professor advises. These can be found and rented in the library. All you have to do is go there, take a photo, and make your library card, then you can rent 2 books at a time for a period of 1 week.

The teachers also provide study support materials, through the year delegate or the Moodle platform, which you can access through SecOnline with the same login data.

Besides the recommended bibliography and the materials provided by the professors, your older colleagues have been making notebooks (sebentas), downloading books and gathering support documents over the years to facilitate your study.

For some courses you may need specific programs for your PC to practice at home, in this case the computer department will install those programs for you, just go there with your PC.

With so much study material you may feel a little lost, the best is to talk to your older classmates, they will know better than anyone how to give you advice and help in this phase!

Erasmus

Erasmus+ helps organise exchanges of university students and doctoral candidates between programme countries and between them and partner countries.

Thanks to Erasmus+ you will be able to study abroad, which will also allow you to improve your language, intercultural and communication skills and to acquire soft skills that are highly valued by employers. More information on the advantages of a study abroad exchange.

You can also combine your study period abroad in a program country with an internship to gain work experience, an even more important factor for entering the job market.

Opportunities to study abroad are open to students at undergraduate and master's levels and to doctoral candidates.

If both your home and destination countries are Programme Countries, Erasmus+ online language support will help you learn the language used as part of your studies.

The study period abroad can have a minimum duration of 3 months (or one academic term or trimester) and a maximum duration of 12 months.

The internship abroad can be for a minimum of 2 months and a maximum of 12 months.

You may receive an Erasmus+ grant as a contribution to your travel and living expenses. The grant may vary depending on differences in the cost of living between your home and host country, the number of students applying for a grant, the distance between countries and the availability of other grants.

If you are interested in doing Erasmus you can check ESN Almada Facebook page and clarify your doubts! You can also talk directly to the Institutional Mobility Coordinator or go to the website where you will find more information:



erasmus@egasmoniz.edu.pt



<https://relintegasmoniz.pt/>

In each study cycle there is a Mobility Coordinator who is in direct contact with the Rectorate of IUEM, therefore it is with him that the mobility is promoted and all the procedures are carried out.

Here are the contacts:

Dental Medicine	<u>Prof. Doutora Irene Ventura</u>	erasmus.mimd@egasmoniz.edu.pt
Pharmaceutical Sciences	<u>Prof. Doutora Ana Clara Ribeiro</u>	erasmus.micf@egasmoniz.edu.pt
Nutritional Sciences	<u>Prof. Doutora Madalena Oom</u>	erasmus.nutricao@egasmoniz.edu.pt

Forensic and Criminal Sciences	<u>Prof. Doutora Paula Correia da Silva</u>	erasmus.forenses@egasmoniz.edu.pt
Psychology	<u>Prof. Doutora Ana Cristina Pestana Neves</u>	erasmus.psicologia@egasmoniz.edu.pt
Veterinary Medicine	<u>Prof. Doutor Manuel Mário de Araújo Pequito</u>	mpequito@egasmoniz.edu.pt

Student Ombudsman

If you wish to make a complaint or suggestion, you may do so by filling in a specific form, which you will find at your disposal in the respective services. Complaints regarding the University Residence, playing fields and gymnasium should be dealt with at the Egas Moniz Management.

Complaints regarding the restaurants (Canteen / Bar / Vending Machines) and the reprographic machines, should be presented to the respective responsible persons.

In addition to these mechanisms, you can appeal directly to the Student Ombudsman. This is an independent body whose function is to defend and promote the rights and interests of students within the scope of their activity at Egas Moniz. Suggestions, complaints or requests for clarification may be sent to the following contacts:



provedor@egasmoniz.edu.pt

Non Degree Courses and Extracurricular Activities

Did you know that your extracurricular activities and non-degree training are valued? Are you a monitor? Have you written an article? Presented a poster? Have you done an internship? Are you a member of the AAIUEM, choir or tuna? Are you a delegate? Fill in this form to receive credits for your activity or training! You should do it until 30 days after the beginning of the academic year. For more information consult the “ Regulamento de Creditação de Formações não Conferentes de Grau e Atividades Extracurriculares”.

Declaração de Formações Não Conferentes de Grau e Atividades Extracurriculares

Código | IMP.EM.EI.43_02

Nome do Estudante		Nº				
email		Curso	Ano Letivo /			
Formação Contínua em Investigação <input type="checkbox"/>		Nº ECTS ² :				
FNCG ¹	 <p>CENTRO DE INVESTIGAÇÃO INTERDISCIPLINAR EGAS MONIZ</p>		TS ² :			
			TS ² :			
			TS ² :			
			TS ² :			
		- 4 ECTS ² <input type="checkbox"/>				
Comunicação Oral (1 ECTS) <input type="checkbox"/>		Comunicação em Poster (0,5 ECTS) <input type="checkbox"/>				
Publicação de Artigo em Revista Indexada (2 ECTS) <input type="checkbox"/>		Referência do Artigo				
AEC ¹	Tuna _(a) <input type="checkbox"/>	CAEM _(a) <input type="checkbox"/>	Associativo _(a) <input type="checkbox"/>	Del. Pedagógico _(a) <input type="checkbox"/>	Outra _(a) <input type="checkbox"/>	Qual?
	Cargo Diretivo/Gestão _(b) <input type="checkbox"/>		Qual?		Nº ECTS da AEC ^{2,5} : _(a) / _(b)	
Período de desempenho da atividade ⁶	Data de início	(mês)	(ano)	Data de fim	(mês)	(ano)
	Observações					
Declaro que o estudante acima identificado cumpriu os objetivos definidos no Regulamento de Creditação de Formações Não Conferentes de Grau e Atividades Extracurriculares.						
Responsável pela FNCG/AEC ⁷	NOME					
	Assinatura		Data ⁸ / /			

The CiiEM is the Research centre of Egas Moniz – Cooperativa de Ensino Superior CRL. The Centre represents a nucleus of innovation and knowledge creation. It fosters a paradigm of translational research and teaching in collaboration with other functional structures of Egas Moniz. It also focuses

strongly on community interactions in different contexts, including health, health-related sciences and social services.





The Egas Moniz Polytechnic and University Conferences (jornadas) is a scientific event organised by students in a cohesive partnership between the University Institute and the School of Health.

It takes place annually in the second semester and the date of its realization must be proposed to the Rectorate of IUEM/ESEM Direction by the Organizing Committee of the event.

The event has a duration of two days and has diverse themes capable of transmitting the development of culture and ethical awareness and social responsibility of the students, the acquisition of technical, scientific and professional skills and the formation of a class spirit through contact with professionals and leaders of the same.

The theme of the 1st day should be agglutinative and centred on the institutional objectives common to all study cycles of the Egas Moniz while on the 2nd day more specific themes are discussed taking into consideration the particularities of the scientific area or areas of education and training in each study cycle. In the last edition we had diversified themes such as Prevalence of Burnout Syndrome in the different health areas, Correlation between several diseases, Communication between health professionals and other enriching themes.

For more information do not hesitate to consult the Regulation of Scientific Events Organized by Students - Scientific University and Polytechnic Egas Moniz Conference

But college isn't just about studying...so
join one of these groups! If you can sing,
dance or play an instrument, if you can't,
but want to learn...

in'Spiritus Tuna



In'Spiritus Tuna – female tuna of the Egas Moniz Cooperative, was born on the 14th of November 1995 and since then, it has travelled all over the country, combining the academic spirit of our Egas Moniz with what they like the most... music! As a result of this combination and contagious to everything and everyone they passed through, they have already won awards as Best « Pandeireta », Best Soloist, Best Standard-bearer, Best «Passa-Calles », Best Adaptation to the Theme, Best Original, Best Instrumental, Best Tuna and Best Tuna Mais Tuna!

With a constant desire to evolve, enrich and strengthen the friendship with other tunas, they organize the festival "**CAPAS RICAS**", an event that stands out for its quality, good disposition and academic spirit, which already counts with ten editions, a fact that proves that the path has been built and that its growth has been made in several ways, being almost completing **25 years!**

If you want to get to know us a little better or even join us and live the best years of your life, come to a rehearsal! Every **Tuesday** and **Thursday**, at **8pm**, in the **auditorium 10**. **We are waiting for you!**



inspiritustuna@gmail.com



[InSpiritusTuna](https://www.facebook.com/InSpiritusTuna)



[inspiritustuna](https://www.instagram.com/inspiritustuna)

TinTuna



On 28 November 1995 TinTuna was founded – Tuna academic of Egas moniz. We are proud to have the task and responsibility of maintaining the academic tradition, as well as perpetuating the customs of the students of other times. Since our debut, TinTuna has not stopped enchanting Portugal and abroad with its music. We try to maintain our attitude of humility, companionship and friendship between all those who come here and who, most of the time, stay for life. They stay for something that a dozen lines cannot express, like playing in our academy and having the pleasure of listening to a sea of voices that know our songs by heart.

Every year TinTuna tries to provide the best of both worlds, the academic spirit and the music, through the Festival "**Noites de Baco**", an event that since two years ago has become international, and which gathers all generations, from 8 to 80.

Our rehearsals take place every Monday and Wednesday, at 9pm, in auditorium 10 and Prof. Martins dos Santos, respectively. Come along and believe me, you won't regret it.



tintuna@live.com



TinTuna



tintuna95



CAEM is a dynamic group with four suits (sopranos, contraltos, tenors and basses) that integrates students from ESSEM and IUEM and also teachers, employees and external people from Egas Moniz, directed by the conductor Paulo Videira.

Our mission is to promote choral singing, in all its aspects, establishing and strengthening friendship bonds between the members and developing a work of vocal technique.

The group also assumes a solidary side, participating in the campaigns of the Food Bank against hunger, among other events, such as the organisation of soirées and workshops.

Every year, we assure the mass of the blessing of the folders in Egas Moniz and the ceremonies of the diplomas' ceremony. We participate in choirs' meetings, Christmas parties and whenever our participation is desired. We have already performed in Coimbra, Lisbon (Jerónimos), Italy and Barcelona.

Come along to one of our rehearsals and show your interest! Rehearsals take place in the Auditorium Professor Doutor Martins dos Santos, on Mondays and Wednesdays from 5pm to 7pm. Times may be adjusted every year.



coroacademicoegasmoniz2012@gmail.com



Good Luck!!